



Ref. N°: 26/62

23rd April 2026

Dear Friends,

We have been walking together as part of the Sacred Heart family – a family that spans the globe, including so many diverse cultures, lifting hands and hearts in a shared striving to celebrate and incarnate the same values and the same spirit.

As we prepare to meet you in person, we look forward to discovering your experience in this movement. We would like our meeting to be a process of 'Visitation' in the spirit of the Visitation of Mary to Elizabeth – bearing life, bringing life, celebrating life and grace in each other's journey....

To help us focus our meetings, we invite you, individually and in groups, to reflect upon the questions offered below – and we look forward to your sharing some of your responses to them when we meet.



- What does it mean to me, to be a part of a Sacred Heart institution, part of the Sacred Heart family? What is the common mission that calls me and inspires me to give of your best?
 - What are some of the joys I experience on the way?
 - What challenges do I encounter? And what helps me to face them?
- What does the process of becoming a New Province mean to me? How can the New Province sustain, promote, revitalize this calling, this commitment, these hopes and dreams? How do I feel I am living this process?

May these questions and the reflections they prompt be a moment of reconnection with the core of our beings, reminding us of the deepest realities of our life. We look forward to hearing you share your responses, and to hearing how God is working in your life at this moment....

With much love,

Claire Castaing RSCJ

Sheila Smith RSCJ

Ananda Amritmahal RSCJ

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